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**Monoamines in Rest and Fulfilment and a Distinct Behavior (D-Drive)
Deprivation Theory of Depression Psychiatric Mental Disorder and
Prevention**

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Hysteria, viewed hereditary in the psychiatry around 1900 and a major topic of textbooks became a rarity after the clarification of the underlying biological instinct behavior deprivation by S. Freud. Clarification of the instinctive mechanism underlying creative intelligence in man based on the diving response physiology of meditation (TM) is suggested necessary for harmonious integration by rest and fulfilment instead of instinct and data repression, as the phylogenetic basis for mental health.

Creative behavior as macroevolutionary-epigenetic recapitulation of micro-evolutionary pregenetic solvent-solvent Eyring Transition-state intercalary evolution self-stabilising with "Bio-molecules" on increasingly complex levels of integration using more and more isokinetically i.e. 5-HT-(NA) in negentropy-(entropy-) flow rest-(activity-) phase advance-delay Analog or Digital Complementarity Systems (ANS-DNS) for coherent superposition of replica as macroscopic quantum state of Unified Field (Consciousness). Transition as solvent principle suggested as elementary mechanism of evolution additional to the principles offered by population genetics (mutation, selection, recombination, duplication etc.) unites micro- and macro-evolutionary aspects of creativity underlying gene-behavior-coevolution by the D-drive of man. Integrating incoherent modes of excitation by rest and coherent excitation pulses as in Rem/PGO the DR/EASE and RF/PLAY, it is indispensable as sleep in man.

REFERENCES

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